

February 26 | Sunday
Life Together: Impact of Time Alone

Read [Luke 5:12-16](#)



27 | Mon – Jesus’ source | Read [Matthew 14:23](#)

All four gospels are clear about the source of Jesus’ power, wisdom, stamina. The disciples observed how often Jesus spent time alone with his Father. Relationships with others give us a sense of community, but there are experiences in life that we have to walk through alone. How do you get through those difficult times? What is your source of strength and hope?

28 | Tue – Quiet time | Read [Luke 5:16](#)

Intentionally spending time alone with God is sometimes called having a quiet time or daily devotions. Whatever you call this set-aside time, it is essential in helping you know God better. In any relationship, there is conversation. Sometimes you talk, sometimes you listen and sometimes you just sit quietly. Relationships grow according to the amount of time and effort invested in them. Where is God on your list of priorities? Do you take time consistently to spend with God? Even 5 minutes each day can literally change your life.

01 | Wed – Pray | Read [Psalm 139:1-4](#); [Psalm 5:1-3](#)

Prayer is an important element of any time spent with God. Prayer gives you the opportunity to unload concerns, worries, frustrations to Someone who really cares about you and who loves you exactly as you are. God knows you better than you know yourself. You can be honest about everything and there is not one single thing you say that is news to Him. This is a safe place where you can find forgiveness and grace and strength to tackle a new day. When have you recently experienced what a difference prayer can make, in you and around you?

02 | Thu – Read | Read [Psalm 25:4-5](#)/[Isaiah 48:17](#) and [Psalm 35:1](#)/[Isaiah 49:25](#)

You talk to God when you pray but God does not usually talk audibly to your physical ears. He has chosen to write His thoughts down in black and white so you can return to them again and again. The promises God has made to you are a wonderful place to start. Have you ever had the experience of asking God a question in prayer and then finding the answer later when you were reading the Bible? There is nothing more wonderful than this direct communication.

03 | Fri – Listen | Read [Psalm 81:13-14](#); [Isaiah 50:4](#)

Do you have a busy life? Most of us do. It seems counterproductive to waste valuable time in the morning when you have a long list of urgent items needing your attention. But for any relationship to grow, there has to be undistracted listening time. Too often we are content to give God our list of requests and then rush out the door without waiting to see what response He might give. Has this happened to you? What do you think it means to listen to God when alone with Him?

04 | Sat – Not alone | Read [John 14:15-17, 25-26](#) and [16:12-14](#)

In one of the last conversations Jesus had with his followers, he plainly told them he was going back to his Father. Seeing their grief, Jesus promised that his Father would send help in the form of the Holy Spirit. In these verses, Jesus described what a wonderful friend the Holy Spirit would be, a comforter, advocate, counselor, a guide who would help them find truth, a teacher who would explain Jesus’ words. Have you ever been unable to understand scriptures you read or times when you did not know how to pray? The Holy Spirit’s job is to help, so ask.